



CAPE TOWN TO CAPE TOWN LUXURY CRUISE

This exceptional voyage explores South Africa in depth with days at sea too. Sitting on the southern tip of Africa you'll discover the Big Five, witness beautiful seascapes and wide-open landscapes, discover lush winelands with the world's best wines and cuisine on offer. This is a round trip from Cape Town, which is arguably one of the best cities in the world, with overnights in Walvis Bay and Port Elizabeth, where you'll get a chance to truly explore.



ITINERARY

DAY 0 Pre Cruise

Pre Cruise Benefits - Private Executive Transfers, International flights - Economy class or Business Class upgrade at reduced



rates, Airport transfers

Day 01 Cape Town

Sprawling across endless, staggeringly blue coastline, and watched over by the iconic plane of Table Mountain, Cape Town is without doubt one of the world's most beautiful cities. A blend of spectacular mountain scenery, multiculturalism and relaxed ocean charm awaits in the Mother City, where you can venture out to rolling vineyards, dine in laid back sea suburbs, or spend days exploring cool urban culture. Cape Town's natural splendour fully reveals itself as the cable car rears sharply to the top of Table Mountain. From the summit, 3,500 feet above sea level, you can let the scale of the panoramic vistas of the city rolling down towards the ocean wash over you. Another heavenly perspective waits at the top of Lion's Head's tapering peak. A sharp hike and an early start is required, but the views of the morning sun painting Table Mountain honey-gold are some of Cape Town's finest. Cape Town's glorious sunshine and inviting blue rollers can be a little deceiving - these oceans are anything but warm at times, with nothing between the peninsula's end and Antarctica's icy chill. This cool water has upsides though, bringing a colony of adorably cute African penguins to Boulders Beach. Boarded walkways offer the perfect vantage point to see the cute creatures dipping into the sea and lounging in the sun. Nearby, journey to the end of Africa at the Cape of Good Hope, where you can stand at the bottom of this mighty continent, watching out over the merging waves of the Atlantic and Indian Oceans. Cape Town's beauty is counterpointed by the ominous island form, which sits four miles offshore from the bustling

restaurants and lazy seals of the lively V&A; Waterfront. A living history lesson, you can sail in the ships that transported prisoners out to Robben Island, before a former prisoner tells of the traumas of life on this offshore prison. Your guide will show you the cramped cells, and render Mandela's long walk to freedom in heartbreaking, visceral clarity.

Day 02 Day at sea

Days at sea are the perfect opportunity to relax, unwind and catch up with what you've been meaning to do. So whether that is going to the gym, visiting the spa, whale watching, catching up on your reading or simply topping up your tan, these blue sea days are the perfect balance to busy days spent exploring shore side.

Day 03 Luderitz

The scorched desert that surrounds Luderitz means the city's collection of German art nouveau architecture couldn't look more unusually placed along the Namibian coastline. This quirkiness is what gives the destination its charm. See gangs of playful penguins skipping across the waves, pink flamingos wading by the coast, and dolphins leaping into the air near Penguin Island and Seal Island. A much more haunting location, with an incredibly dark past, is Shark Island - which witnessed the deaths of between 1,000 and 3,000 people when it was the location of a German concentration camp, between 1905 and 1907. Inland from Luderitz is Kolmanskop, the site of a famous



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diamond mine and ghost town.

Day 06 Day at sea

Days 04 - 05 Walvis Bay

Home to a beautiful lagoon, washed pale pink by a colony of resident flamingos, Walvis Bay is a colourful African call, where you can meet some of the continent's most flamboyant wildlife. A small Namibian city on the Atlantic coast of southern Africa, the city takes its name from Whale Bay - which gives a clue as to the wonderful wildlife watching opportunities available here. The deep-water blossoms with rich levels of plankton, drawing curious marine mammals in large numbers to feast. As Namibia's only deep-water harbour, Walvis Bay is an important fishing centre for the country, and its sunny shores and natural wonders make it a popular spot for holidaymakers. Walvis Bay is a bird lover's paradise, and hundreds of thousands of birds assemble here, to make the most of the tidal lagoon. Boat tours can take you out amongst the preening crowds, or you can admire the flamingos, herons and carefully treading wading bird species from afar. Meet the pelicans at nearby Pelican Point - a sandy spit, which calms the waves heading for the waterfront. With whales and dolphins frolicking offshore too, there's a wide variety of wildlife to see here. On the cusp of the sun-scorched Namib Desert beyond, Dune 7 rises up to form the highest sand dune in the country, with sands piling up 380 metres. Perfect for a picnic, or a pulse-raising desert sport, like sand skiing or sandboarding. Climb to the top for views from its heights, or you can take a flight tour to see further afield and spot some of the extraordinary land animals who roam the landscapes. See the natural drama of Sandwich Harbour, where the golden sand dunes plummet directly into the ocean's waves.

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Day 07 Langebaan

Langebaan goes by many names, from the Ornithological Capital of South Africa, to the Jewel of the West Coast, so it's no surprise that visitors and bird life alike flock here to revel in the intense natural beauty. The picturesque town luxuriates in a glutinous amount of sunshine, blooming with booms of colour during the brazen beauty of the region's renowned flower season. Pristine white sand beaches roll out beside azure Langebaan Lagoon, where shallow waters simmer under plentiful sun, offering up a spa-like experience, in stark contrast to the icy currents of the open ocean. The lagoon's vast mudflats and salt marshes, fed by the rise and fall of the tides, cultivate a unique and sheltered enclave of ecological diversity. Over 300 different species of bird drop in each year. The photogenic lagoon shelters colossal plumes of roosting seabirds, and elegant long-legged wetland species like Palearctic waders, sanderlings and little egrets among its many residents. The rise of the afternoon winds promises adrenaline-seekers a thrill, with kite surfers whipping into the air



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and kayakers digging their way across the surface. Langebaan's shallow beaches and lagoons are never more spectacular than when gorgeous sunsets are spilling a deep-red haze over the landscape. West Coast National Park brushes up close to Langebaan, inviting you out on adventures during the park's flower season, when it explodes with burnt-orange colours, as the daisies and wildflowers unfurl to enjoy long, sunny days.

Day 08 Day at sea

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Day 09 Mossel Bay

Halfway between Cape Town and Port Elizabeth lies the sunny, shallow waters of Mossel Bay. As you sink your toes into the pristine sands of Santos beach and watch the warm waters of the Indian Ocean lap the shore, the only decision to make is just how active you want to be. For the adventurous the list is longer than your adrenaline supply, from shark cage diving, wreck diving surfing and snorkeling, bungee jumping to skydiving. Around the Point, the rocky tip of the peninsular, there are some top surfing spots.

To unwind and relax explore the golden sandy coast that's stretches for over 60kms, refresh yourself with a swim in the clear blue ocean or at low tide try the wide natural rock pool, complete with a diving board on the Point. Stretch your legs on the St Blaize trail on a visit the old lighthouse which gives stupendous views of the bay.

Mossel Bay has a fascinating history, learn about the emergence of the earliest humans, which happened here some 164,000 years ago at the Point of Human Origins archeological site.

The Bartolomeu Dias Museum Complex centres on modern history, the exploits of Portuguese explorer Bartolmeu Dias, who landed in and named the bay in 1488 whilst looking for India. Seeing an exact replica of the tiny boat that Dias sailed in makes you realise what an adrenaline junkie he must have been.

Outside the museum, find the Post Office Tree, South Africa's very first post office that's functioned one way or another since 1500, where you can still send a postcard or two.

Days 10 - 11 Port Elizabeth

Port Elizabeth, or PE is an uncut gem of a destination. Loved by wealthy South African families as a holiday destination, it is a city has of faces. One: a natural haven with unspoiled beaches, rolling sand dunes and the warm Indian Ocean lapping at your feet and two: a post-industrial migrant city with a rich heritage.



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PE is also called Nelson Mandela Bay, and there is much here that celebrates him - starting with Route 67, a collection of 67 artworks honouring the 67 years that Mandela dedicated to achieving South Africa's freedom. Known as "the friendly city", Port Elizabeth is enjoying an urban regeneration, spurred on by the youth of the region that want to put it (back) on the map. Think vibrant creative projects spilling out wherever you go; a pedestrianised central zone, galleries selling local artworks, restaurants serving South African fusion food, award-winning buildings that house museums, restored Victorian terraces. Unsurprisingly, the boardwalk is buzzing. PE's proximity to the excellent nature parks at Addo and Lalibela make it an ideal destination for game lovers. Both of these parks are a little way from PE (70 and 90 kilometres east respectively) but both offer a chance to revel in South Africa's no holds barred natural beauty. This is the real reason why people come to South Africa - for a chance to see the fabled Big Five. Addo even boasts the Big Seven (lion, elephant, rhino, buffalo and leopard, as well as the great white shark and Southern right whale).

Day 12 East London

A very British name tells us who established the city of East London. The British built this port on the Buffalo River in 1847 to service their military forts and troops in disputes over land with the Xhosa people. European settlement expanded and East London grew. Settlers usually walk in the footsteps of others who lived on the land before them. Here, many people must have resided over the years as the oldest footprints in the world, at 200,000 years, were found nearby. Most of the eight million

Xhosa people live in Eastern Cape Province. They are a proud tribe with a rich and ongoing culture which they celebrate with vibrant clothing, music and dance. Beaded jewellery is important for many reasons--decoration for dancers, special ceremonies and indicating the social status of women. Today they live in an Africa with modern opportunities and challenges, and ongoing links to their past. The city has several natural attractions for residents and visitors alike. Sandy beaches are popular with residents, who also enjoy water activities on the sheltered and picturesque Buffalo River. Like many areas of South Africa, game parks are popular for local wildlife lovers. Speaking of nature, near to East London is where the first living (well freshly dead in an angler's catch) coelacanth known to science was found in 1938. This lobe-finned fish had been only known from 66-million-year-old fossils. It is more closely related to four-legged land animals than typical ray-finned fish. This place has history.

Day 13 Day at sea

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Day 14 Cape Town



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Please note:

Itineraries are subject to change.



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YOUR SHIP:

Silver Muse

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LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

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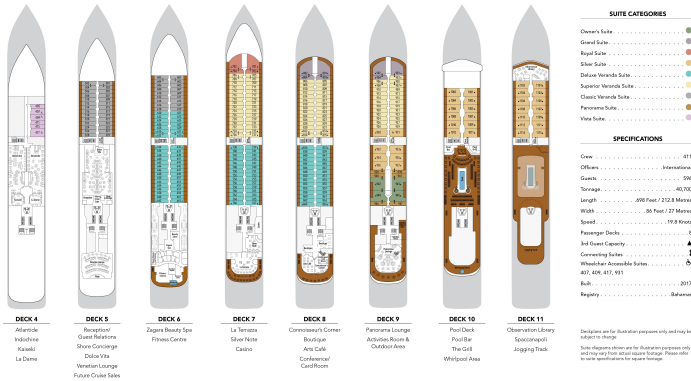
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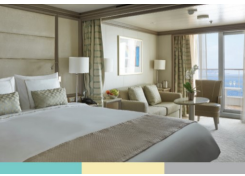
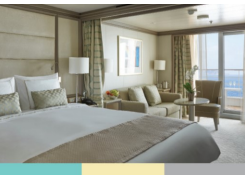
SILVER MUSE – Deck Plans

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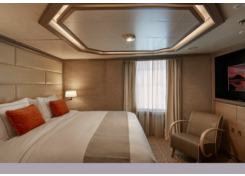


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