

EPICUREAN DELIGHTS OF SICILY AND THE ADRIATIC COAST OF ITALY

This cruise is part of a collection of PONANT themed voyages that are specially-tailored for English-speaking travelers who want to engage with the world. In addition to the usual elements of the PONANT experience, the listed price for these voyages includes transfers to and from the ship, talks and discussions aboard ship by world class experts, and a shore excursion or activity in each port of call that encourages guests to embrace the sights, sounds, tastes, and smells of the local environment and culture. This carefully curated voyage to Sicily and Italy's Adriatic coast combines visits to some of the most culturally rich destinations in the country with a focus also on the distinctive culinary traditions of the regions visited. Moving from Greco-Roman Sicily, through the Baroque cities of Puglia and the Renaissance town of Urbino, to Ravenna and Venice, you explore no fewer than seven UNESCO World Heritage Sites. And as you make your way, you sample the wines of Etna, Apulia, San Marcello, Romagna, and Valdobbiadene, as well as the breads, olives, meats, and cheeses of each province. An ideal way to experience Italy, where food--its cultivation and preparation--has always been central to the good life. After departing Valletta, Malta, your experience of Sicily begins in Syracuse, where you may choose to focus on Ortygia, the ancient center of this once-powerful Greek colony, and on the city's extensive archaeological park; enjoy a tasting at a nearby winery; or join excursions--including one to Baroque Noto--that combine visits to historical sites with samplings of arancini, cheeses, salamis, breads, and desserts. The beautiful resort town of Taormina, perched high on a cliff overlooking the Ionian Sea, is home to a stunning Greek theater, an Odeon from

Roman times, buildings blending Arab and Norman cultures, and villas built by European aristocracy in the 18th and 19th centuries. It is also your gateway to Mt. Etna and the vineyards that thrive in the rich volcanic soils of its slopes. Leaving Sicily, the first two calls on the Italian mainland are in the wine- and olive-producing region of Puglia. The seaside town of Otranto offers a choice of excursions--to Lecce or to Nardo--both of which explore the Baroque architectural heritage that dominates Puglia, and both of which offer samplings of local cuisine paired with Apulian wines. In Bari, the region's capital, you may choose to travel inland to the Valle d'Itria to visit a mozzarella farm and to explore the lovely town of Martina Franca and the UNESCO World Heritage Site of Alberobello's trulli houses. Or you may stay in Bari for a walking tour of the Old Town, including tastings of local specialties like focaccia, panzerotto, sgagliozze, and cremoso. A full day in Ancona offers a variety of possibilities for discovery of the Marche. Visit Jesi, where the Holy Roman Emperor Frederick II was born and where a splendid museum traces his life and work; travel to an artisanal winery in San Marcello where the famous Lacrima di Morro D'Alba is produced; or spend the day exploring Urbino, birthplace of Raphael and home to one of the most important collections of Renaissance art in the world. Ravenna's 5th- and 6th-century churches are known for their stunning Byzantine mosaics, and you will want to spend time admiring them and what Dante described as their "symphony of color." Or you may want to travel into the hills of Romagna, where Sangiovese di Romagna red wine is produced, or to the town of Brisighella, source of the eponymous extra virgin olive oil. Your final day on this cultural



and culinary journey is in Venice. Three possible excursions are in the city itself: an introduction to the uniquely Venetian crafts of mask-making and gondola manufacture; bar-hopping in the tavernas around the Rialto Bridge, sampling wines and cicchetti along the way; and a tour of Venice's hidden gardens. An additional possibility is to travel to Valdobbiadene, famous for its production of Prosecco



Superiore.

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Day 1 Valletta

The whole of the Maltese capital Valletta is UNESCO World Heritage listed and occupies a peninsula in the north-east of the island. From the fountain of Tritons to Saint-Elme fort, there are as many majestic streets as there are narrow staircase vennels to explore. The painted loggia and carved corbels on the tall houses will accompany you in your explorations, and you'll rarely be bothered by traffic. You can visit the Grandmasters palace decorated with coats of arms and frescoes. Saint-John's cathedral and the ramparts which have guarded the city since the 16th century are also among the most emblematic sites of the city. Arranged in terraces, the Barrakka Gardens will punctuate your promenade with a green and floral experience.

Day 2 Syracuse, Sicily

Its undulating rocky coastline, the endless sandy beaches, the menacing form of Mount Etna which surveys its island like a patriarch, the flowery gardens on the hillside... Sicily lays out its varied landscapes like a shopkeeper displays his wares. Described by Cicero as "the most beautiful city in the world", Syracuse was one of the most prestigious cities in Sicily and at her height was even a rival for Athens. A central city of Ancient Greece, it was home to a succession of civilisations, each of which has left their mark. The blend of Arabic, Roman, Norman, Byzantine and Spanish cultures makes Syracuse a town that is extraordinarily rich in fragrances, colours and flavours.

Day 3 Taormina, Sicily

Located on Sicily's eastern coast, in the province of Messina, the seaside town of Taormina is Sicily's Saint-Tropez, boasting heritage sites, secluded beaches and luxury shopping. You can visit its medieval centre, suspended 300 metres above sea level, where terraces offer a spectacular view of the





Mediterranean Sea. Another vestige from its past are the ruins of the Greco-Roman theatre. This extremely well-preserved site attracts visitors who are fascinated by the natural beauty of the area which overlooks a turquoise bay.

Day 4 Otranto

Located in the Apulia region, Otrante is the easternmost transalpine town. Behind its medieval ramparts, you will taste the sweetlife of Salento, the "heel on Italy's boot". Inhabited since Antiquity, Otrante has today become a very pleasant seaside town. Yet its history is still visible as you meander through the little streets of its old centre. With its magnificent 12th century ornamental mosaic tiling, the Cathedral is one of its most beautiful treasures. During a stroll along the ramparts, you can sit and relax at a cafe terrace.

Day 5 Bari

Extending out along a fertile plain facing the Adriatic Sea amid infinite landscapes sculpted by the water and wind, Bari bears the traces of the peoples which, over the centuries, have conquered it, settled it, or simply visited it fleetingly before making their way to faraway lands. Though its exact origins are lost among the mysteries of archaeology, the many sites here provide evidence of the town's rich past. The Saracens, Byzantines, Normans and Swabians have left a trace here, each bringing their own cultural baggage. During your stop here, stroll along the minuscule streets in Bari Vecchia, the historic centre, where you will find small churches and monuments from bygone eras.

Day 6 Ancona

Situated on the promontory of Monte Conero, Ancona, the capital of the Marche region, offers visitors all the charm of a typical Italian historical city. Founded by the Greeks in 390 BC and conquered by Julius Caesar in 49 BC, Ancona has a long history that was very much shaped by its harbour, a hub attracting different populations and cultures. When your ship calls here, take the time to discover the city's many buildings, such as the cathedral dedicated to Judas Cyriacus and its façade made of white and pink marble, the Arch of Trajan, which is considered to be the port's main embellishment, or the 15th century mansion where the painter Raphael was born and raised.

Day 7 Ravenna

Linked to the Adriatic Sea by a canal, the city of Ravenna and its countless monuments offer you a rich journey back in time. Roman and Byzantine cultures intermingle here, and the fruits of this history adorn the interiors of the city's religious buildings: the abundance of classical mosaics is the most stunning witness to Ravenna's glorious past. Eight UNESCO World Heritage listed Paleo-Christian sites punctuate your journey into the historic heart of the city. Still very lively despite the weight of its history, Ravenna has much to offer to visitors.

Days 8 - 9 Venice

Proud and eternal, Venice has reigned on its lagoon ever since





the 6th century. You may think you know this city before even setting foot here. You will inevitably fall in love with the charm of the innumerable treasures of the Serenissima: Saint Mark's square, the basilica, Doges palace, the Grand Canal and the gondolas. Yet, secret Venice is also waiting for you to explore its little interlacing streets and canals, to ramble through its squares and to push open the doors of its churches. The city's extraordinary heritage shouldn't stop you from enjoying a glass of Spritz and a few tramezzini.

Please note:

Itineraries are subject to change.



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YOUR SHIP: Le Bougainville

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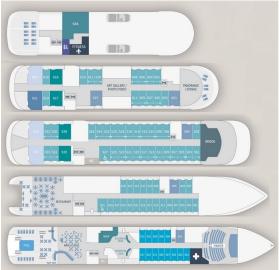


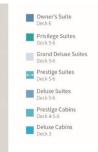


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