

# THE COASTAL EXPRESS — TO THE VIKING CAPITAL - 11 DAYS FROM BERGEN TO TRONDHEIM

The same Norwegian coastal cruise experience as the 12-day Coastal Express, except that you get to disembark a day earlier in Trondheim. This opens up a number of options, including convenient flight times home and extra time exploring Trondheim and its highlights. Another popular idea is to book the exceptionally scenic Dovre Railway down to Oslo.



#### **ITINERARY**

Day 1 All Aboard! Bergen - gateway to the fjords

Your voyage starts in Bergen, the second-largest city in Norway and gateway to the fjords. Founded in 1070 AD, Bergen boasts architecture influenced by prosperous 14th-century German trading organisation, the Hanseatic League.

If you've time before your ship departs, visit the UNESCO-listed

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wharfs of the colourful Bryggen district, now an artisan quarter complete with cobblestone streets. Just across the street is the famous Fish Market which serves delicious seafood. There's also the Fløibanen funicular which takes you up to the top of Mount Fløyen for views of the city.

To get the most out of your visit to Norway, don't forget that we can also help you to arrange tours before or after your voyage, such as the Norway in a Nutshell programme.

#### Your voyage begins

Before boarding, you can relax in our comfortable guest lounge at the terminal. Once aboard, enjoy the first of many delicious meals made from fresh coastal produce as we depart Bergen and sail the old Viking route along Hjeltefjord.

You'll also meet your ship's Coastal Experience Team who will be your guides as we cruise Norway's coastline, organising lectures, onboard activities, and optional hikes.

Day 2 Iconic Architecture and Fantastic Fjords Ålesund

Enjoy early morning in the Nordfjord near Torvik. We then sail past West Cape for our approach to Ålesund.

Art Nouveau city

Ålesund is renowned for its beautiful Art Nouveau architecture

and Atlanterhavsparken, one of Northern Europe's largest saltwater aquariums. If you're travelling with us in spring or winter, you'll have most of the day to explore this picturesque town.

#### Into the fjords

In the summer, from June to August, we set course for UNESCO-listed Geirangerfjord\*. This is a protected and preserved piece of paradise with towering mountain cliffs and waterfalls like the famous Seven Sisters cascading into the fjord.

#### \*Notes:

Geirangerfjord is replaced by Hjørundfjord for the following sailings: 2024: 16th June, 27th June, 8th July, 19th July, 30th July, 10th August, 21st August 2025: 1st June, 12th June, 23rd June, 4th July, 15th July, 26th July, 6th August, 17th August, 28th August

In spring, from April to May\*, and in autumn, from September to October, your ship will sail to Hjørundfjord, hidden away in the Sunnmøre Alps. There'll also be a call at the scenic village of Urke to gaze at the view of thousand-year-old farms, the fjord, and the lush mountainsides. \*Only on voyages departing in 2025-26.

#### Mountains and roses

The last port of the day is Molde. In summer, there might just be enough daylight to see the amazing view of 222 mountain peaks across the fjord, called 'the Molde Panorama'.

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From mid-June to late August, the streets and gardens here will be adorned with the sight and scent of roses of all shades, living up to Molde's nickname as 'The City of Roses'.

Day 3 City of Kings and Palaces Trondheim – Norway's capital of technology

This section of the voyage sees us enter the Trøndelag region of Norway, marked by crumpled hills, fields dotted with marking the entrance to the old Hanseatic district of Bakklandet. The neighbourhood's colourful wooden wharves propped up on stilts by the river's edge now house a variety of eateries. Up from Bakklandet is Kristiansten Fort which has beautiful panoramas of the city and fjord.

Back on board

In the afternoon, the ship sails northwest, passing the ochre-coloured Kjeungskjaer Lighthouse, islets, and rocky reefs. After that, we head towards charming Rørvik.

Day 4 Into the Arctic Bodø

#### Magical, medieval, and modern

farmsteads, and low-lying coastal settlements.

Founded by Viking king Olav Tryggvason in 997, Trondheim today is Norway's third largest city and a mix of historic buildings and a vibrant student population.

You'll have three hours to explore Trondheim and its array of highlights, either by yourself or on one of the optional excursions we offer.

A must-see site of the city is Nidaros Cathedral, nicknamed "Norway's Notre Dame" for its Gothic style and considered the most sacred building in all of Norway. Next door to the cathedral is the Archbishop's Palace where Norway's crown jewels are on display.

Nearby, the old city bridge Gamle Bybro sits over Nid River,

We cross the Arctic Circle early in the morning, beginning your Arctic tour of Norway. We mark the moment with a traditional ceremony that's sure to wake you up.

Above the Arctic Circle, you can see the sun 24 hours a day in summer, while in winter, your chances of seeing the Northern Lights greatly improve.

#### Forces of nature

At 10:00, we call into Ørnes, near to Norway's second-largest glacier, Svartisen. The pier here is popular for the Love Bench where sweethearts have declared their lasting romance with a padlock.

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We then sail to Bodø, the second largest city in Northern Norway, overlooked by the Børvass peaks. Admire fabulous street art or join an optional boat excursion to Saltstraumen, the world's most powerful maelstrom.

#### Welcome to Lofoten

That afternoon, the ship enters the Lofoten archipelago. The 1,000 metre-high Lofoten Wall is a stunning sight on the horizon, as if there to welcome us.

Stamsund is home to one of the largest fishing fleets in the islands and busiest between January and April when Arctic cod, known locally as skrei, swim from the Barents Sea in the north down to Vestfjord to spawn.

Come evening, when you see rows of traditional fisherman's huts on stilts, known as rorbuer, you've arrived in the pretty harbour of Svolvaer, the main town of the Lofoten Islands.

Day 5 Capital of the Arctic Tromsø - gateway to the Arctic

nearby, including puffins.

Gateway to the Arctic

We then sail to the historic Arctic exploration capital of Tromsø where you'll have four hours to explore the city or join an optional excursion.

Along the waterfront you'll find Polaria, a centre exhibiting environmental research in the Arctic with a small aquarium. Take your pick from the many shops and restaurants in the city centre, including Mack Brewery and favourite local watering hole Ølhallen pub. There are also cafes offering delicious cinnamon buns where baristas create innovative coffee art. Across the fjord from where the ship docks, you should be able to see the iconic Arctic Cathedral with its beautiful stained-glass mosaic.

Leaving Tromsø in the early evening, we head north for the trading post of Skjervøy, founded in 1622. On our way, we'll pass the Lyngen Alps which rise majestically from the sea.

Day 6 Norway's Northern Frontier Honningsvåg – gateway to the North Cape

We dock into Harstad just after 07:00. You can go for a peaceful early morning stroll around town.

The ship will then continue to Finnsnes which connects the beautiful island of Senja via the impressive Gisund Bridge. Keep on the lookout for a variety of seabirds with several colonies The ship reaches the town of Hammerfest on the island of Kvaløya early in the morning. In summer, the island has herds of reindeer migrating here in their thousands.

You'll know we've reached Havøysund when you see the wind turbines of the landmark Havøyglaven wind farm which produces

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enough electricity to power 6,000 local homes.

#### At the top of Europe

We arrive at Honningsvag mid-morning, portal to the North Cape where a globe monument marks the top of continental Europe. An optional excursion will take you to North Cape from Honningsvag by bus, passing herds of reindeer on the way, depending on the season.

#### Sami heartlands

Near the entrance of Kjøllefjord village, look out for the striking, building-like rock formation Finnkirka, an ancient sacrificial site once used by the indigenous Sami. You can join an optional summer excursion to meet local Sami, learn about their life reindeer herding, and listen to joik folk songs.

#### Continuing north

We reach our northernmost port of call, Mehamn, in the evening. If visiting in the months of February and March, you might spot tons of cod drying on outdoor wooden racks called hjell, mainly destined for export.

The ship then sets off for Berlevag. On the way, we pass the tall Slettnes Lighthouse, the northernmost mainland lighthouse on Earth.

Day 7 Norway's Eastern Edge Kirkenes - right on the border

We call at Batsfjord and Vardø in the night, before docking at Vadsø early in the morning.

Looking to the skies

The area around Vadsø is one of the most scenic and popular birdwatching spots in the Arctic, lying directly under the migration path of birds flying from east to west. Watch for hooded crows and sea eagles.

Near the Norwegian border

By the time we reach Kirkenes after breakfast, you'll have travelled further east than St. Petersburg and Istanbul. You'll have a choice of optional excursions to explore the area.

Journey's turning point

Kirkenes is where your Norwegian coastal cruise changes direction and the ship heads south. Several of the places we sailed to during the night we'll now see during the day.

Back in Vardø, you can visit the solemn Witches' Monument and the star-shaped Vardøhus Fortress, built in 1737. The northernmost fortification of any kind, it remains a part of the military to this day.

We return to the small, bustling port of Batsfjord and then make for Berlevag for late evening, crossing paths with the northbound

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ship.

Day 8 From the Top of Europe Hammerfest

Midnight magic

We dock at Tromsø just before midnight. In the summer months, you can stroll around the still busy city in glorious 24-hour daylight.

Day 9 High Peaks and Idyllic Islands Svolvær - at the heart of Lofoten

We make stops at Mehamn and Kjøllefjord during the night before early morning visits to Honningsvag and Havøysund.

The northernmost city

In the early afternoon, you'll spend time in Hammerfest, which has the largest population on a list of the world's northernmost settlements.

See the UNESCO-listed Meridian Column, shop for souvenirs at the Polar Bear Society, or take the path behind the town to the viewpoint atop Mount Salen.

Mountains and marine mammals

We continue cruising Norway's coastline south to Øksfjord and then to Skjervøy, surrounded by mountain peaks. We've been docking at this vital fishing port since 1896.

If you're visiting in winter, you might spot orcas and humpback whales that gather here to feed on herring.

As we make our way to Tromsø, you might also glimpse views of the Lyngen Alps which boast some of the highest peaks in all of Norway. Today, you'll be exploring the archipelagos of Lofoten and Vesteralen, real highlights of our Norway scenic route.

After Finnsnes early in the morning, the ship calls at Harstad where the white-washed Trondenes Church, the world's northernmost medieval stone church, sits on the peninsula.

Next is our smallest port of call Risøyhamn and then Sortland where the landscape slowly transforms from hills to 1,000-metre-high mountains.

Our birthplace

Stokmarknes is where Captain Richard With began The Coastal Express in 1893. Visit Hurtigrutemuseet, a ship-in-a-bottle building that chronicles our legacy, centred around retired ship MS Finnmarken from 1956.

A ship-sized fjord

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Sailing along Raftsund, the Captain may choose to take the ship into tiny Trollfjord if weather permits. The mountain walls will look so close you'll think you can reach out and brush them! To exit the fjord, the ship will rotate 180 degrees on the spot, then sail back out. Remember to look out for sea eagles here too.

#### Leaving Lofoten

We reach Svolvaer in the evening. The huge mountain that sits above the town is named the Svolvaer Goat due to its supposed resemblance. See if you agree!

The ship then sails for Stamsund, eventually passing the giant granite cliffs of the Lofoten Wall.

Day 10 A Landscape of Trolls Brønnøysund – coastal charm right in the middle of Norway

The ship calls at Bodø in the small hours of the morning and then Ørnes at 7am. We then cross over the Arctic Circle just after breakfast. Commemorate the moment with a tradition of tasting a spoonful of good ol' Norwegian cod liver oil!

We make a short stop at Nesna before sailing on to Sandnessjøen, gateway to the magnificent Helgeland Coast.

Legend has it ...

Admire the stunning landscape of the Seven Sisters mountain range, with peaks up to 1,100m high. The tale goes that seven beautiful troll princesses, fleeing from an unwanted suitor, got caught out as the sun rose, turning them into the seven beautiful mountains you see today.

You'll also not want to miss views of Torghatten Mountain, with the distinctive hole in it. There is a local legend as to why and how this mountain came to have such a hole. Make sure you ask your Coastal Experience about it!

We reach Brønnøysund mid-afternoon. Explore the bustling marina on a walk along Havnegata. In the centre of town is Brønnøy Church: a stone church in the Neo-Gothic style dating back to 1870.

Our last stop of the day is the cosy fishing port of Rørvik in the picturesque Vikna archipelago.

Day 11 Until Next Time Trondheim – Norway's capital of technology

The ship arrives in Trondheim early in the morning. It'll then be time to say your goodbyes to the new-found friends you made on board, including the Captain, crew, and fellow guests.

Capital of the Viking Age

If you've time before your flight home or next adventure, why not

 
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stroll around Trondheim in the early morning as the city wakes or even extend your stay here by a night or two?

Visit the sacred Nidaros Cathedral, resting place of St. Olav. Then, walk to Gamle Bybro bridge for a photo opportunity over Nid River.

Treat yourself to quality coffee and a Nordic patisserie in one of the Bakklandet district's many chic cafes then walk up to Kristiansten Fort for great views of Norway's third largest city.

A top train trip

Your journey doesn't have to end in Trondheim either. We offer a range of post-voyage programmes that you can add to your trip, including a tour of Oslo.

One advantage of disembarking in Trondheim is being able to make the seven-hour 548-kim Norway scenic route on the Dovre Railway to Oslo. The line passes through the stunning Gudbrandsdalen Valley and across the mighty Dovrefjell mountain range. It's a fitting way to end your discovery of Norway with us.

Please note:

Itineraries are subject to change.

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### **YOUR SHIP: HURTIGRUTEN SHIPS**

**Hurtigruten Ships** 

YOUR SHIP:	
VESSEL TYPE:	
LENGTH:	
PASSENGER CAPACITY:	
<b>BUILT/REFURBISHED</b> :	

All of our ships include large lounges and deck space affording perfect views to the changing scenery, creating a proximity to nature throughout the ship. This atmosphere give you the energy to participate on our on board activities and excursions, that take you even closer to the coast. On all our ships you will find a wide range of comfortable cabins, from exclusive suites to cosy inside cabins. We have divided them into four categories; Expedition Suite, Arctic Superior, Polar Outside and Polar Inside with different amenities and extras. MS TROLLFJORD Flagship of Hurtigruten's Signature voyages, MS Trollfjord takes its name from a small but spectacular fjord in the Vesteralen archipelago. Freshly refurbished in 2023, MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. SPECIAL FEATURES: Two-storey panoramic lounge, 1893 Bar, sauna, fitness room, lecture rooms, 3 restaurants (main dining Flora, Brasserie Árran & a la carte Røst), library, shop, observation deck. MS RICHARD WITH MS Richard With is named

after Captain Richard With. His establishment of the Norwegian Coastal Express back in 1893 had an enormous impact on life along the Norwegian coast. In 2022, MS Richard With was upgraded to a greener hybrid ship. SPECIAL FEATURES: Sauna, fitness room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), Multe bakery, shop, lecture hall, observation deck. MS KONG HARALD Norway's reigning monarch, a seasoned sailor, lends his name to this remarkable hybrid vessel. The vessel features a modern, Arctic-inspired interior. SPECIAL FEATURES: Sauna, fitness room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), Multe bakery, shop, lecture hall, observation deck. MS NORDNORGE Nord-Norge means the northern part of Norway, mostly situated north of the Arctic Circle. The interior decor is modern and Arctic-inspired. SPECIAL FEATURES: Sauna, fitness room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), Multe bakery, shop, lecture hall, observation deck. MS NORDKAPP MS Nordkapp is named after one of the highlights of the Hurtigruten voyage, the northernmost point of mainland Europe, the North Cape (71°N). The ship features a modern, Arctic-inspired interior. SPECIAL FEATURES: Sauna, fitness room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), Multe bakery, shop, lecture hall, observation deck. MS POLARLYS Polarlys is Norwegian for `polar light´, and refers to the natural Arctic phenomenon we pursue in winter. The ship features a modern, Arctic-inspired interior. SPECIAL FEATURES: Sauna, fitness

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### room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), Multe bakery, shop, lecture hall, observation deck. MS NORDLYS The name of this ship as well as the art, decor and colours employed aboard are all inspired by the Northern Lights. The delicate aesthetic creates a distinct and unique on-board ambience. SPECIAL FEATURES: Sauna, fitness room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), Multe bakery, shop, lecture hall, observation deck. MS MIDNATSOL One of our best-known ships, MS Midnatsol (previously MS Maud) is named after the Midnight Sun, the phenomenon that occurs in northern Norway every summer when the sun doesn't set for 24 hours. The decor on board is inspired by Norway's stunning nature, reflected in many of the pieces of Norwegian modern art on board. Her bright interiors are appointed in a classic Art Deco style. SPECIAL FEATURES: Sauna, fitness room, Explorer Lounge & Bar, 2 outdoor hot tubs, 3 restaurants (main dining Torget, Brygga bistro and a la carte Kysten), shop, lecture hall, observation deck. MS VESTER ÅLEN MS Vesteralen is one of the oldest and smallest ships, named after an archipelago in Nordland country and the first Coastal Express steamship from 1893. Fresh and lightly refurbished in 2019 and again in 2022, MS Vesteralen has bright, informal public areas and lounges throughout. The last refurbishment included upgrading 32 outside cabins to Arctic Superior standard with double beds, rebuilding 4 cabins into 2 mini suites, upgrading the restaurant, the cafe, the reception area, and the gym, in addition to giving Trollfjord lounge a new look and feel. On a journey with MS Vesteralen, we will have a "behind the scenes" focus where the guests will get an opportunity to get closer to the Hurtigruten

heritage, emphasizing maritime operations, logistics and hotel

operations. With a focus on edutainment and engaging activities, we will provide guests with an in-depth knowledge of the different departments and the interaction between them. SPECIAL FEATURES: Panorama lounge & bar, smaller lounges in the front and back of the ship, cafe, 1 main restaurant, shop, fitness room, observation deck. Please Note : the deckplan below is MS Nordkapp and the

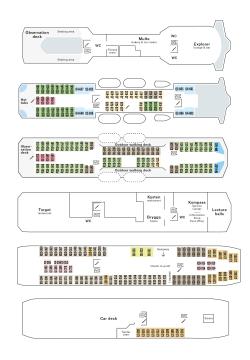


deckplans vary.

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# **INSIDE YOUR SHIP**



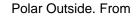
### Arctic Superior. From Expedition Suite. From





Polar Inside. From







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## PRICING

16-Mar-2025 to 26-Mar-2025		Polar Outside. From	£2823 GBP pp
Expedition Suite. From	£5276 GBP pp	Arctic Superior. From	£3806 GBP pp
Polar Inside. From	£1752 GBP pp	Polar Inside. From	£2520 GBP pp
Arctic Superior. From	£2677 GBP pp	Expedition Suite. From	£6050 GBP pp
Polar Outside. From	£2155 GBP pp		
14-Apr-2025 to 24-Apr-2025		19-Aug-2025 to 29-Aug-2025	
	C474C ODD an	Expedition Suite. From	£5614 GBP pp
Expedition Suite. From	£4746 GBP pp	Polar Inside. From	£2472 GBP pp
Polar Outside. From	£2447 GBP pp	Polar Outside. From	£2619 GBP pp
Arctic Superior. From	£3173 GBP pp	Arctic Superior. From	£3532 GBP pp
Polar Inside. From	£2212 GBP pp	21 San 2025 to 01 Oat 2025	
20-May-2025 to 30-May-2025		21-Sep-2025 to 01-Oct-2025	£2220 CDD nn
Expedition Suite. From	£7543 GBP pp	Arctic Superior. From	£3339 GBP pp
Arctic Superior. From	£4001 GBP pp	Expedition Suite. From	£5196 GBP pp
·		Polar Outside. From	£2425 GBP pp
Polar Inside. From	£2526 GBP pp	Polar Inside. From	£2288 GBP pp
Polar Outside. From	£2928 GBP pp	19-0ct-2025 to 29-0ct-2025	
15-Jun-2025 to 25-Jun-2025		Polar Outside. From	£2214 GBP pp
Expedition Suite. From	£6278 GBP pp	Expedition Suite. From	£4646 GBP pp
Polar Outside. From	£2992 GBP pp	Arctic Superior. From	£3008 GBP pp
Arctic Superior. From	£3949 GBP pp	Polar Inside, From	£2074 GBP pp
Polar Inside. From	£2671 GBP pp		
	••	15-Nov-2025 to 25-Nov-2025	
18-Jul-2025 to 28-Jul-2025		Expedition Suite. From	£4342 GBP pp
		Arctic Superior. From	£2888 GBP pp
		Polar Outside. From	£2026 GBP pp

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# PRICING

21-Dec-2025 to 31-Dec-2025					
Arctic Superior. From	£3078 GBP pp				
Polar Inside. From	£2038 GBP pp				
Expedition Suite. From	£4892 GBP pp				
Polar Outside. From	£2283 GBP pp				
20-Jan-2026 to 30-Jan-2026					
Arctic Superior. From	£2923 GBP pp				
Polar Inside. From	£1935 GBP pp				
Expedition Suite. From	£4646 GBP pp				
Polar Outside. From	£2168 GBP pp				
14-Feb-2026 to 24-Feb-2026					
Polar Inside. From	£2038 GBP pp				
Polar Outside. From	£2283 GBP pp				
Arctic Superior. From	£3078 GBP pp				
Expedition Suite. From	£4892 GBP pp				
21-Mar-2026 to 31-Mar-2026					
Polar Outside. From	£2380 GBP pp				
Arctic Superior. From	£3209 GBP pp				
Expedition Suite. From	£5101 GBP pp				
Polar Inside, From	£2277 GBP pp				

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