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THE NORTH CAPE LINE - SOUTH - 9 DAYS FROM TROMSØ TO OSLO

See the stunning beauty of the Norwegian coast, from its northernmost point to its southernmost point. Join us as we sail from Tromsø, 'Gateway to the Arctic', to Norway's capital you'll never forget.



ITINERARY

Day 1 Gateway to the Arctic Tromsø – gateway to the Arctic

Welcome to Tromsø and the start of your voyage!

Before you get settled into your cabin on MS Trollfjord, give yourself plenty of time to explore Tromsø. This urban city 350 km north of the Arctic Circle is buzzing with life, with everything from trendy restaurants and cafes to boutique shops selling local

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crafts and produce, and even high fashion. You can visit the Polar Museum, which chronicles the city's legacy of Arctic hunting and trade. Head to the Polaria centre, an aquarium home to a variety of Arctic marine species, including seals. Across the water from Polaria, you'll find the Arctic Cathedral, standing out in the cityscape due to its striking design and impressive stained-glass window.

In the evening, you'll begin your voyage, leaving Tromsø behind to sail around the northernmost point of mainland Europe.

Day 2 The northernmost point Honningsvåg – gateway to the North Cape

Arriving early in the morning, you'll have a full day in Honningsvåg. This far north, winters are long and snowfall is high, so get ready for some fantastic winter scenery and activities.

Feel the snow crunching under your snowshoes as you hike across the plains with your Coastal Experience Team. On optional excursions, you could try your hand at ice fishing, a beloved winter tradition in the far north. Get a taste of the local delicacy, king crab, which is caught in the waters around Honningsvåg and served year-round.

The highlight of any trip to Honningsvåg is a visit to the North Cape which looks out over the Barents Sea, also available as an optional excursion. This is one of the northernmost points of mainland Europe, and as we're visiting in winter, you can even

choose to get there by snowmobile.

Having reached the northernmost point of our voyage, we'll turn around and begin going south as we sail away in the evening.

Day 3 The city of Northern Lights Alta

At 70 degrees north, this town is far above the Arctic Circle. The area is known for particularly good Northern Lights visibility, so keep your camera ready.

On an optional excursion, you can find out more about day-to-day life in Alta, see prehistoric rock art and visit the Northern Lights Cathedral, which has an exhibition showing how Alta became the epicentre for ground-breaking research of the aurora borealis between the 19th and 20th centuries.

Increased snowfall in the winter allows for some truly authentic Arctic excursions, like dogsledding. You can try this on wheels if you're here when there's no snow on the ground! The snow and climate of Alta also create the perfect conditions to build and maintain the Igloo Hotel. Located on the banks of river Alta, this is the world's northernmost ice hotel.

Alternatively, join your Coastal Experience Team on a hike to Mount Komsa. The views are mesmerising.

Day 4 Arctic beauty awaits Narvik

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Narvik was originally developed as a year-round, ice-free port for the nearby iron ore mines. Nowadays, it's known for its World War II heritage and as a gateway to active pursuits such as skiing, dog sledding and hiking.

On optional excursions, you can dive into Narvik's intriguing past at the Narvik War Museum, where the town's World War II history comes to life with engaging exhibits and narratives.

For a journey through the heart of the region, hop aboard the Arctic Train and journey along the iconic Ofoten Railway, treating yourself to panoramic views of majestic mountains. For panoramic views of Narvik from above, ride the cable car to the top of Narvikfjellet.

Day 5 Cruise the inner coastal route Brønnøysund – coastal charm right in the middle of Norway

After Narvik, we head south along the enchanting Norwegian coast. You'll be in awe of windswept islands, sheltered bays, and some of the most beautiful fjords in the world. It's also inhabited by a wide range of wildlife, such as majestic Sea Eagles.

When we started sailing north of the Trøndelag region in 1893, much was still unknown about the coastline. But, over the years, we've become experts in these waters. Today, we are among the

few with the maritime knowledge and skill to take you through the many skerries, islets and hidden fjords that characterise this stretch of coast.

Day 6 Alpine village by the fjord Åndalsnes

After docking in the town centre in the morning, you have the chance to explore Åndalsnes, a picturesque coastal town located along Isfjord at the end of Romsdalsfjord.

The literal highlights of Åndalsnes are the mountains that tower over the town. They are the reason the town has become Norway's go-to destination for hikers, climbers, skiers, and more. The Troll Wall, a 1,000 metre vertical cliff along the Romsdalen valley also attracts adrenaline seekers the world over.

Take in the sights with a city walk and a relaxing ride on the Romsdal Gondola, or, if you're visiting in spring or autumn, take the train along The Golden Route, named by Lonely Planet as 'the most scenic train journey in Europe'.

Whichever activities you choose, today brings you the best views of Isfjord and Romsdalsfjord, and the surrounding peaks.

Day 7 Beautiful Bergen Bergen – gateway to the fjords



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Surrounded by seven mountains and the sea, the old capital of Bergen is one of Norway's most picturesque and historic cities, as well as being its second largest.

Stroll through the UNESCO-listed Bryggen district and discover its colourful wooden wharfs dating back to the 14th century. Bergen's famous fish market is worth a visit, too. It promises to be a feast for the senses with the sights, sounds, and smells of bountiful, fresh seafood which can be cooked there and then for you.

One of the best-known attractions in Bergen is the Fløibanen funicular, which brings you to the top of Mount Fløyen. The summit has a wonderful view over the city, the nearby fjord, and the other surrounding peaks.

Day 8 The city of lighthouses Kristiansand

We spend the last afternoon of your voyage in Kristiansand, Norway's fifth largest city, sitting along the southern tip of the country,

Kristiansand is on a mission to become the most sustainable port in Europe. Find out more about this admirable quest on an optional excursion that includes a visit to Odderøya Island.

Or delve into Kristiansand's 20th-century military past on an optional excursion to Batterie Vara. Originally built as a German

fort in World War II, it features the world's second largest cannon ever to be mounted on land.

Back on the boat, we'll end our voyage on a high note with an end-of-trip farewell dinner. Take this opportunity to trade photo highlights and experiences with your fellow travellers one last time.

Day 9 Norway's thriving capital Oslo

You've sailed on The North Cape Line, getting to know Norway's coastal cities and villages all the way to the top of the European continent.

During the journey, you'll have experienced Norway's varied climate, seen majestic mountains and fjords, and maybe gazed up in awe at the Northern Lights once or several times.

We hope you'll cherish each of the memories you've made on The North Cape Line. Come sail with us again soon, on another iconic voyage of our spectacular home: the Norwegian coast.

Please note:

Itineraries are subject to change.



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YOUR SHIP: TROLLFJORD

YOUR SHIP: Trollfjord

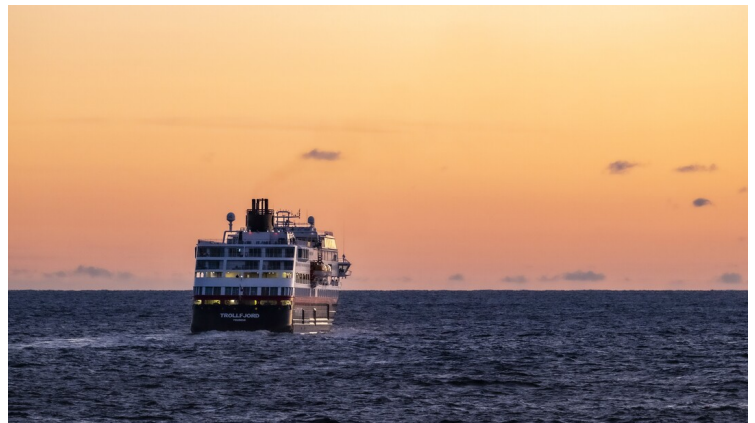
VESSEL TYPE:

LENGTH:

PASSENGER CAPACITY:

BUILT/REFURBISHED:

MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing. Ship facilities · Double-storey observation lounge on the upper decks · Large outdoor sun deck with comfortable furniture · Wi-Fi throughout the ship · Stylish bar with a wide range of beverages · Onboard shop stocked with essentials and souvenirs · Library with a selection of literature and brochures · Espolin Johnson lounge · Activities and lectures on board with the Coastal Experience Team · Panoramic sauna and fitness room · Photography area with camera equipment available for rent · A la carte fine-dining restaurant Røst · A series of culinary demonstrations and tastings throughout the ship · All-day dining bistro Brasserie Árran · Main restaurant Flora for all three daily meals



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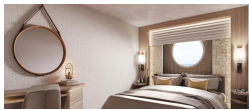


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INSIDE YOUR SHIP

Arctic Superior. From



Expedition Suite. From



Polar Inside. From



Polar Outside. From



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PRICING

02-Oct-2025 to 10-Oct-2025

Arctic Superior. From	£3856 GBP pp
Polar Inside. From	£2062 GBP pp
Expedition Suite. From	£5900 GBP pp
Polar Outside. From	£3260 GBP pp

16-Oct-2025 to 24-Oct-2025

Polar Inside. From	£2167 GBP pp
Expedition Suite. From	£5527 GBP pp
Arctic Superior. From	£3718 GBP pp
Polar Outside. From	£3054 GBP pp

30-Oct-2025 to 07-Nov-2025

Polar Outside. From	£2123 GBP pp
Arctic Superior. From	£3138 GBP pp
Polar Inside. From	£1846 GBP pp
Expedition Suite. From	£4614 GBP pp

13-Nov-2025 to 21-Nov-2025

Arctic Superior. From	£3089 GBP pp
Polar Outside. From	£2089 GBP pp
Polar Inside. From	£1817 GBP pp
Expedition Suite. From	£4543 GBP pp

27-Nov-2025 to 05-Dec-2025

Polar Inside. From	£1817 GBP pp
Expedition Suite. From	£4867 GBP pp
Polar Outside. From	£2089 GBP pp
Arctic Superior. From	£3089 GBP pp

Polar Inside. From	£1817 GBP pp
Expedition Suite. From	£4867 GBP pp
Polar Outside. From	£2089 GBP pp
Arctic Superior. From	£3089 GBP pp

11-Dec-2025 to 19-Dec-2025

Polar Outside. From	£2089 GBP pp
Expedition Suite. From	£4867 GBP pp
Polar Inside. From	£1817 GBP pp
Arctic Superior. From	£3089 GBP pp

25-Dec-2025 to 02-Jan-2026

Polar Outside. From	£2388 GBP pp
Arctic Superior. From	£3530 GBP pp
Expedition Suite. From	£5192 GBP pp
Polar Inside. From	£2076 GBP pp

08-Jan-2026 to 16-Jan-2026

Expedition Suite. From	£4759 GBP pp
Polar Inside. From	£1903 GBP pp
Polar Outside. From	£2189 GBP pp
Arctic Superior. From	£3236 GBP pp

22-Jan-2026 to 30-Jan-2026

Expedition Suite. From	£4903 GBP pp
Arctic Superior. From	£3334 GBP pp
Polar Inside. From	£1961 GBP pp
Polar Outside. From	£2255 GBP pp

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05-Feb-2026 to 13-Feb-2026

Arctic Superior. From	£3432 GBP pp
Polar Outside. From	£2322 GBP pp
Polar Inside. From	£2019 GBP pp
Expedition Suite. From	£5047 GBP pp

19-Feb-2026 to 27-Feb-2026

Arctic Superior. From	£3727 GBP pp
Polar Outside. From	£2520 GBP pp
Expedition Suite. From	£5480 GBP pp
Polar Inside. From	£2192 GBP pp

05-Mar-2026 to 13-Mar-2026

Polar Inside. From	£2192 GBP pp
Arctic Superior. From	£3727 GBP pp
Polar Outside. From	£2520 GBP pp
Expedition Suite. From	£5480 GBP pp

19-Mar-2026 to 27-Mar-2026

Polar Outside. From	£2520 GBP pp
Arctic Superior. From	£3727 GBP pp
Expedition Suite. From	£5480 GBP pp
Polar Inside. From	£2192 GBP pp

02-Apr-2026 to 10-Apr-2026

Expedition Suite. From	£5336 GBP pp
Polar Outside. From	£2454 GBP pp
Arctic Superior. From	£3628 GBP pp
Polar Inside. From	£2134 GBP pp

16-Apr-2026 to 24-Apr-2026

Arctic Superior. From	£3432 GBP pp
Polar Outside. From	£2322 GBP pp
Expedition Suite. From	£5047 GBP pp
Polar Inside. From	£2019 GBP pp

30-Apr-2026 to 08-May-2026

Expedition Suite. From	£5047 GBP pp
Polar Inside. From	£2019 GBP pp
Polar Outside. From	£2322 GBP pp
Arctic Superior. From	£3432 GBP pp