

info@small-cruise-ships.com

## **WEST AFRICA EXPEDITION - LUANDA TO DAKAR**

Leaving from Angola, this incredible voyage takes you along the Atlantic coast to Ghana, stopping at some of the least-visited parts of Africa. Experience pristine, biodiverse shorelines that harbor volcanic islands, mangrove forests, rainforests, and lagoons. Look out for elephants, lowland gorillas, leopards, hippos and chimpanzees as you explore. And meet the people of West Africa, diving deeper into cultures where voodoo is a state religion. Immerse yourself in vibrant cultures, fascinating history, and breathtaking wildlife as you cruise along the West African coast. Set off from Tema, Ghana and visit colorful cities, such as Takoradi, famous for its bustling Market Circle, and Freetown, home to the Tacugama Chimpanzee Sanctuary. Then explore the Bijagos Islands, an 88-island archipelago with lush mangroves and wooded savannas, before ending your journey in Senegal's capital, Dakar.

#### Day 0 - Luanda

6th April - Transfer from Luanda Airport to Pre-cruise hotel for 1 night (hotel TBA)

#### Day 1 - Luanda

As Angola emerges from colonial rule and a long Civil War, its capital, Luanda, is evolving into a forward-looking city with a rich heritage. Landmarks include Gustave Eiffel's Iron Palace and the 16th-century Sao Miguel Fortress. Luanda's historic upper town, Cidade Alta, features pink colonial buildings, the Presidential Palace and ministerial houses. Ilha do Cabo shows Luanda's modern side with trendy seaside restaurants and bars.

Embark on Diana

DAY 2 -Day 14. Cruise to Tema

### DAY 2 DAY AT SEA

Days at sea are the perfect chance to relax, unwind and do whatever takes your fancy. So whether that is going to the gym, visiting the spa, trying to spot a whale from the deck, reading a chapter or two, or simply topping up your tan, these blue sea days are the perfect balance to the green days spent exploring on land.

#### **ITINERARY**

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**DAY 3-5 POINTE-NOIRE** 

The Republic of Congo's second city, Pointe-Noire, unfolds as a piece of French Africa with distinct European and African quarters. Strolling through the lively La Cite reveals traditional Congolese cuisine and the vibrant Grand Marche, providing a glimpse into local life. Waterfront restaurants line Cote Sauvage, a laid-back city beach. Beyond the city limits is the stunning Diosso Gorge, a natural canyon in hues of pink, red and orange.

### MAYONAMI, DAY 6 NYANGA RIVER

The traditional Gabonese village of Mayonomi sits among mangroves along the Nyanga river. The fishing village serves as a base for exploring the rainforests and mangroves. Gliding along the river in a pirogue (a type of long, narrow canoe made from a single tree trunk), visitors might get a chance to glimpsing local life and see wildlife along the banks such as birds, monkeys and maybe even a manatee.

DAY 7 - DAY AT SEA Sea days are rarely dull. Take the time to sit back and let the world go by. The ship's observation decks provide stunning views of the passing ocean. A day at sea gives you the opportunity to mingle with other passengers and share your experiences of this incredible trip or head to our library which is stocked full of reference books. Get an expert's view in one of our on-board lectures or perhaps perfect your photography skills with invaluable advice from our onboard professional photographers.

### DAY 8 LIBREVILLE, BAIE DES TORTUES

Libreville captivates with a blend of French colonial heritage and lively African energy. Along the palm-lined waterfront promenade, vibrant markets and fresh seafood stalls exude an intoxicating vitality. The National Museum unveils Gabon's rich history and culture. A short boat ride away, the island-dotted Baie des Tortues reveals a serene natural sanctuary. Mangrove forests form an intricate green maze, home to exotic birdlife and monkeys.

#### DAY 9 SAO TOME, SAO TOME

Sao Tome, the Gulf of Guinea's largest volcanic isle, is a tropical idyll with rainforests, beaches and waterfalls. Sao Tome city features 15th-century Portuguese architecture and a slave trade history. Rainforests blanket two-thirds of the island, sheltering wildlife like monkeys, birds and reptiles and Sao Tome Peak, reaching 2,024 m, provides refuge for island bird species like the ibis and grosbeak.

#### DAY 10 SANTO ANTONIO, PRINCIPE

This laid-back, compact capital has less than 3,000 inhabitants and is the smallest city in the world (according to the Guinness Book of Records). Time seems to move more slowly in this dream-like place with its pastel-coloured buildings and salty sea air. The Nossa Senhora da Conceiçao church contains a beautiful stone carving of St Anthony, the city's namesake saint.

## DAY 11 DAY AT SEA

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Today as you sail, you'll bask in the endless comforts of your ship. From the deck, marvel at the dramatic sea views. Relax with a nurturing facial treatment or massage in the spa or delve into the ship's learning resources. Or, simply take refuge in your

### DAY 12 COTONOU

cabin and enjoy the opportunity to rest.

Benin's vibrant port city is defined by voodoo (the state religion) and its colonial legacy. As a former French colony, Cotonou retains a certain European flair in its cuisine and architecture. The sprawling Dantokpa market, with local crafts and an entire section of sacred voodoo items, offers insights into local culture. Ganvie, a lakeshore village, is the world's only town on stilts with bamboo houses, where residents get around in canoes.

#### DAY 13 LOME

Voodoo traditions, colonial history and beautiful beaches: Togo's capital city, Lome, is awash with history and culture. The National Museum's exhibits - pottery, masks and art - reflect Togo's rich heritage. Akodessewa Fetish Market is filled with voodoo talismans and animal skins, offering insights into traditional customs. Colonial relics include the German-built Sacred Heart Cathedral and the 1960 Independence Monument.

## DAY 14 TEMA (ACCRA)

Tema is a short drive from Ghana's fast-paced capital, Accra, a

city that's culturally rich, modern and historic all at once. European-built forts and Black Star Independence Square's public monuments offer a glimpse at the past. The neighbourhood of Jamestown, a 17th-century fishing community with old colonial buildings, is its pulse with an art scene and local bites like waakye - rice and beans with sides - at a low-key 'chop bar'.

#### Days 15-25 Tema to Dakar

## DAY 15 -16 ELMINA

A solemn reminder of the past, 15th century Elmina Castle in Ghana was a key slave trade hub, originally protecting gold trade before Dutch and British slave trade involvement. This UNESCO site exemplified the era's contradictions, with Europeans in luxurious quarters above filthy, cramped slave dungeons. The infamous Door of No Return opened to ships on the gruelling Middle Passage.

#### Day 17 TAKORADI

The twin cities of Sekondi-Takoradi, known as Tadi, are a key commercial hub on Ghana's deepwater port, featuring a 17th-century Dutch fort, a relaxed beachfront and Africa's largest market offering coconuts, dried fish, and tangy jollof rice. Nearby Kakum National Park hosts an endangered Ghanaian rainforest with native wildlife, lush plant life, exotic birds, vibrant butterflies and a Canopy Walkway, suspended 100 feet above the ground.

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## cuisine fuses flavours brought from West Africa to America.

## DAY 21 DAY AT SFA

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## DAY 22 FREETOWN

Sierra Leone's portside capital city occupies a major position in history as the home of formerly enslaved people from North America and Britain. Sites like Cotton Tree and the King's Yard Gate symbolise the town's sombre past. Freetown today is a diverse city with a rich heritage - colourful Krio architecture, hearty, rice-based cuisine and lively beaches. Nearby, the Tacugama Chimpanzee Sanctuary rescues endangered primates in a rainforest.

## DAY 23 - DAY AT SEA

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### DAY 24-25 BIJAGOS ARCHIPELAGO

Day 18 ABIDJAN

A city pulsating with energy, Abidjan, the former capital of Cote D'Ivoire, stands as a hub of creativity and innovation. The thriving arts and music scene interweaves with the cultures, cuisines and traditions that define Abidjan. Serving as a window into West Africa, the infectious tropical mood permeates the city. Abidjan's unique atmosphere, galleries and markets, along with the fascinating National Museum, make it a captivating destination.

### DAY 19 - DAY AT SEA

Sea days are rarely dull. Take the time to sit back and let the world go by. The ship's observation decks provide stunning views of the passing ocean. A day at sea gives you the opportunity to mingle with other passengers and share your experiences of this incredible trip or head to our library which is stocked full of reference books. Get an expert's view in one of our on-board lectures or perhaps perfect your photography skills with invaluable advice from our onboard professional photographers.

## DAY 20 MONROVIA

The bustling capital of Liberia, Monrovia, was founded in the 1800s as a settlement for formerly enslaved people from North America. The National Museum is custodian to the region's history and art. Today's city is a mix of architectural styles, lively beaches and street markets, such as the jumbled Waterside Market, filled with colourful fabric and crafts. Liberia's Creole

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making it the perfect souvenir stop.

Disembark

The remote Bijagos archipelago off Guinea-Bissau has 88 islands of mangroves, mudflats, savannahs and palm forests, protected as a UNESCO biosphere reserve. On Canhabaque island, local culture retains coming-of-age ceremonies like difuntu and fanado. The former capital Bolama, now sits abandoned, while Orango National Park's biodiverse ecosystems include wooded savannahs and isolated villages led by matriarchal queen-priestesses.

## Day 26 BANJUL

At the meeting point of the Gambia River and the Atlantic, Gambia's relaxed capital city, Banjul, sits on a little island filled with colonial buildings and vibrant markets. The 19th-century Albert Market sells souvenirs and the vibrant traditional clothing of The Gambia's diverse ethnic groups. Locals invite visitors to their typical Gambian home or 'compound' and tell stories of their heritage while offering herbal tea and traditional snacks.

#### DAY- 27 DAKAR

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Fabulous museums, a thriving art scene and elegant seaside dining showcase Dakar's rich culture and forward outlook. The bustling traditional Medina quarter with its mosques, tea shops and street markets contrasts with the Senegalese capital's French-influenced architecture and cuisine. Mbalax music dominates the vibrant nightlife. Traditional crafts like woodcarvings and paintings sell at Soumbedioune market,

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Diana

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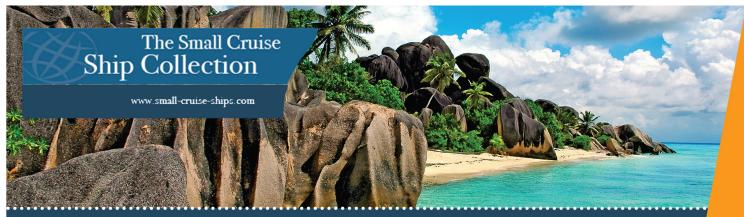
## **YOUR SHIP: DIANA**

YOUR SHIP: VESSEL TYPE: LENGTH: PASSENGER CAPACITY: BUILT/REFURBISHED:

Launched in 2023, SH Diana provides elegant and spacious 5-star accommodation for 192 guests in 96 spacious staterooms and suites, the vast majority with large balconies. Operated by an onboard team of 140 she provides a high level of personal service, exploring the Mediterranean and its famous sites of antiquity. Now sit back, relax and take a moment to get to know this amazing new ship, purpose-designed for our unique cultural expedition cruises. Named after the Ancient Roman goddess of light, the moon, hunting and the wilderness, SH Diana been specially designed for worldwide cruising to explore the most inspiring and inaccessible places on earth. Building on the outstanding amenities of her sister ships, she adds a dedicated Multifunctional Room next to the Observation Lounge, a Private Dining Room for special occasions, and two tenders which bring guests a comfortable alternative to Zodiacs for expedition landings. A Polar Class 6 ice-strengthened hull combines with extra-large stabilisers to make your journey as comfortable as possible. SH Diana has been designed for immersive experiences, with extensive outside deck areas, multiple observation points and bright, open and relaxing public spaces with unobstructed views. The pleasure and safety of our

guests is paramount at all times, cared for by our attentive crew and seasoned expedition leaders. Cutting edge hygiene technology protects the health of all on board to the highest standards and includes air conditioning with UV sanitisation systems. SH Diana's 96 staterooms, including 11 suites, are each a superbly comfortable home from home and all feature panoramic sea views, a flame-effect fireplace, original works of art, plush couches, premium pocket sprung mattresses, en-suite bathrooms with glass-enclosed rain showers, and Egyptian cotton towels, bathrobes and sheets. A pillow menu offers customised head and neck comfort during rest, while a large flat screen TV, espresso machine with Illy premium coffee, tea making facilities with the finest Kusmi teas, and a minibar with refreshments enhance relaxation at any time. In-room dining is of course available at all hours. Wheelchair access Guests who use wheelchairs must bring their own, as we have only a small number of wheelchairs stored onboard for emergencies. To ensure ease of movement on the ship, wheelchairs and mobility aids must be no wider than 65cm. All mobility or medical equipment brought on board must be capable of being carried safely and must be declared before sailing. To ensure that all guests can safely evacuate during an emergency, guests requiring a wheelchair can only be accommodated in our ADA-accessible cabins. We offer an Oceanview and a Balcony stateroom on Diana. These staterooms are specifically designed to be completely ADA compliant and have a fully operable wheelchair-access wet unit. Diana has two lifts, serving every passenger deck apart from the Stargazing top deck, which is, therefore, more difficult to access, as are the Aft Marina and

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Swan's Nest forward observation platform. Also, we don't have special equipment to access the swimming pool, jacuzzi, or sauna. Otherwise, the ship is entirely at your disposal. Many of the expeditions ashore in remote places are by Zodiac. Boarding these boats and returning aboard can present challenges for wheelchair users, as can navigating uneven terrain. These challenges are by no means always insurmountable, though, and our highly experienced crew is trained to provide reliable advice and assistance. They will make every effort to ensure wheelchair-using guests enjoy a memorable experience at each destination. Our general guidance, however, is to recommend wheelchair users travel with a companion for their ease and enjoyment. If you prefer to remain aboard, our panoramic interiors and ample open decks ensure an immersive, intimate experience of your inspiring



surroundings.

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# **INSIDE YOUR SHIP**



## Balcony D5





Balcony M5





Oceanview D4





Premium Suite



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Oceanview M4

Balcony D6



## PRICING

## 06-Apr-2025 to 03-May-2025

Balcony D6	Contact us
Balcony M5	Contact us
Balcony D5	Contact us
Suite	Contact us
Oceanview D4	£11362 GBP pp
Oceanview M4	Contact us
Premium Suite	Contact us
Junior Suite	Contact us

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